

## St. Andrew's Church, Coniston, Prayer & Praise, 15 July 2020

*Swithun, Bishop of Winchester, c.862 [Lesser Festival]*

*Bonaventure, Friar, Bishop, Teacher of the Faith, 1274 [Commemoration]*

### Call to Prayer *From Psalm 1*

Blessed is the one  
whose delight is in the law of the LORD,  
**and who meditates on his law day and night.**  
That person is like a tree planted by streams of water,  
**which yields its fruit in season**  
and whose leaf does not wither—  
**whatever they do prospers.**  
For the LORD watches over the way of the righteous,

**We have waited on your loving-kindness, O God.**  
**Father of lights,**  
**raise us with Christ to your eternal city,**  
**that, with kings and nations,**  
**we may wait in the midst of your temple**  
**and see your glory for ever and ever.**

### Hymn: In the Lord's atoning grief (Tune 40 days and 40 nights Heinlein)

*Written by Bonaventure, Teacher of the faith*

<https://youtu.be/or3inN4d-LM>

In the Lord's atoning grief  
Be our rest and sweet relief;  
Store we deep in heart's recess  
All that shame and bitterness.

Thorns and cross, and nails, and lance,  
Wounds, our treasure that enchanse;  
Vinegar and gall and reed,  
And the pang His soul that freed.

Crucified! We Thee adore,  
Thee with all our hearts implore;  
We with saintly bands unite  
In the realms of heavenly light.

Christ by coward hands betrayed,  
Christ, for us a captive made,  
Christ, upon the bitter tree.  
Slain for man, be praise to Thee. Repeat verse 1

**Matthew 11:25 to the end**

## The Father Revealed in the Son

<sup>25</sup> At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. <sup>26</sup> Yes, Father, for this is what you were pleased to do.

<sup>27</sup> "All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

<sup>28</sup> "Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light."

### ***Meditation***

*Worship Me Only. I am King of Kings and Lord of lords, dwelling in unapproachable Light. I am taking care of you. I am not only committed to caring for you, but I am also absolutely capable of doing so. Rest in Me, My weary one, for this is a form of worship.*

*Let us come back to God now.*

Be Still and Know that I Am God<sup>1</sup>  
Be Still and Know that I AM  
Be Still and Know  
Be Still  
Be.

### **Hymn 1123, We Bow Down**

<https://youtu.be/b-mPpWUA1oE>

### **Caleb's Prayer**

**O High King of heaven, Have mercy on our land. Revive your church; Send the Holy Spirit for the sake of the children. May your kingdom come to our nation. In Jesus' mighty name. Amen**

*Bow down and surrender in prayer*

On those who feel alone and unloved:  
**pour out your Spirit, gracious God.**

On those who weep tears of anxiety:  
**pour out your Spirit, gracious God.**

Where there is conflict, violence and strife:  
**pour out your Spirit, gracious God.**

On those who face pressure and stress:  
**pour out your Spirit, gracious God.**

Where people are interested only in gain:  
**pour out your Spirit, gracious God.**

On those who are oppressed:

**pour out your Spirit, gracious God.**

Where the consequences of actions are ignored:

**pour out your Spirit, gracious God.**

On all who suffer cruelty and neglect:

**pour out your Spirit, gracious God.**

On those who are struggling with addiction:

**pour out your Spirit, gracious God.**

On your children gathered here:

**pour out your Spirit, gracious God,**

that we may bear your fruit in our world

### **Collect**

Almighty God,

by whose grace we celebrate again

the feast of your servant Swithun:

grant that, as he governed with gentleness

the people committed to his care,

so we, rejoicing in our Christian inheritance,

may always seek to build up your Church in unity and love;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

**The Lord's Prayer**

### **Hymn 1072. In Christ Alone**

<https://youtu.be/8kvFtXphmMU>

### **Blessing**

The final word's of St Bonaventure in his book<sup>1</sup> are:

With Christ Crucified

*let us pass out of this world to the Father* <sup>Jn 13:1</sup>

so that when the Father is shown to us

we may say with Philip:

*It is enough for us.* <sup>Jn 14:8</sup>

Let us hear with Paul:

*My grace is sufficient for you.* <sup>2 Cor 12:9</sup>

Let us rejoice with David saying:

*My flesh and my heart have grown faint;*

*You are the God of my heart,*

*and the God that is my portion forever.*

*Blessed be the Lord forever*

*and all the people will say:*

*Let it be; let it be.*

*Amen*

Go in peace to love and serve the Lord.

**In the name of Christ, Amen!**

1The Soul's Journey into God, Bonaventure, Bishop & Theologian