



# Silence in Creation

## A Day of Gathering in and around Shap

**Saturday August 11<sup>th</sup> 2018**  
Shap Memorial Hall, CA10 3NL

We invite meditators and any interested in exploring meditation to a Day of Gathering to be held at Shap Memorial Hall on Saturday August 11<sup>th</sup>.

The theme of the day will be 'Silence in Creation' and will include times of meditation together, short talks and insights, Maranatha Yoga and a guided walk to Keld Chapel and Shap Abbey. It will be a day to meet together and share while we acknowledge Fr John Main's insight that *meditation creates community*.

Rev Cameron Butland will lead a walk from the venue to Keld Chapel and Shap Abbey with times of prayer and silence as we go. *It will be possible to drive to both these locations and lifts will be available.*

**10.00 for 10.30 - 3.30. Bring own lunch: tea, coffee and cake provided. Donations welcome!**

**To give an idea of numbers, please make contact with: Richard Broughton, Wythedale House, Dean Workington, Cumbria CA14 4TJ 01946 862990**

[cmcwccm@fastmail.fm](mailto:cmcwccm@fastmail.fm)



Christian Meditation in Cumbria is part of the World Community for Christian Meditation. We seek to renew and strengthen the tradition and discipline of contemplative practice, silent prayer, in the life of Christians and the Church in Cumbria

