# Christian Meditation in Cumbria Events Nov 2016-March 2017

Tuesday 1<sup>st</sup> November 2016 Living with the Mystics Theme: Ephrem the Syrian Leader: Sue Havens Venue: Quaker Meeting House, Meeting House Lane, Penrith CA11 7TR Time: 10:00 for 10:30 – 3:30 Cost: £5.00 Catering: Drinks provided, please bring your own lunch Booking: Please contact Bob Morley 016974 72644 rgm1@live.co.uk

#### Friday 4<sup>th</sup> November to Sunday 6<sup>th</sup> November 2016

Boarbank Retreat Leader: Revd Dr Nicholas Buxton Venue: Boarbank Hall, Allithwaite, Grange over Sands, Cumbria LA11 7NH Time: 17:00 Friday to 14:00 Sunday Cost: £130 (Concession rate £100) (residential) Booking: Please contact Richard 01946 862990 cmcwccm@fastmail.fm

# Friday 18th November 2016 10.30 am - 12.00 pm

Monday 5th December 2016 10.30 am - 12.00 pm Maranatha Yoga Taster Sessions Leader: Christine Pickering Venue: St Georges Church, Castle Street, Kendal, Cumbria LA9 7AS Cost: (Please make a small donation to cover costs) Booking: Please contact Christine maranathayogacumbria@gmail.com

## Saturday 28<sup>th</sup> January 2017

Theme: Contemplative Love A reflective day with meditation, lectio divina and time to talk Leader: Bob Morley Venue: Friends Meeting House, Elliot Park, Keswick Time: 10.00 for 10.30 – 3.30 Cost: £10.00 Booking: Please contact Richard 01946 862990 <u>cmcwccm@fastmail.fm</u>

### Tuesday 7<sup>th</sup> February 2017

Living with the Mystics Theme: Dietrich Bonhoeffer Leader: Chris Thomas Venue: Friends Meeting House, Elliot Park, Keswick Time: 10:00 for 10:30 – 3:30 Cost: £5.00 Catering: Drinks provided, please bring your own lunch Booking: Please contact Bob Morley 016974 72644 rgm1@live.co.uk

Friday 10<sup>th</sup> March - Sunday 12<sup>th</sup> March 2017 The Hyning Retreat Leader: Margaret Silf Venue: Monastery of Our Lady of Hyning, LA5 9SE Cost: £130 (Concession rate £100) (residential) Booking: Please contact Richard 01946 862990 <u>cmcwccm@fastmail.fm</u>



Christian Meditation Cumbria is part of the World Community for Christian Meditation