



### **CELEBRATING TOGETHER 2016**

# Rooted and Grounded in Love: a prayer taster day

**Keynote Speaker:** Roy Searle of the Northumbria Community

Loving God and Loving Others - the Great Commandment and

the Great Commission

Roy will help us explore how love of God relates to living missionally; alone and together.

When: Saturday 17 September 2016; 10am—4pm

Where: St Mary's Church and Ambleside Church Centre, LA22 9DH

Cost: £12 (please notify us if reduced rate needed)

Book by email: <a href="mailto:lkctic@yahoo.com">lkctic@yahoo.com</a> or call Helen on 07503 931196

## Workshops:

- Prayer Stations Creative Reflective Spaces
- Christian Meditation
- Exploring and Experiencing Celtic Spirituality
- Praying with Music
- Emotion and Spirituality
- Cumbria Church Leaders

# Keynote Speaker -Roy Searle

# Loving God and Loving Others - the Great Commandment and the Great Commission

Roy Searle will help us explore how love of God relates to living missionally; alone and together.

The call to be followers of Christ demands both trust and obedience. Responding to the Great Commandment to love the Lord with all our heart, soul, mind and strength provides rootedness and stability in our relationship with God. Embracing the Great Commission to go into all the world and make disciples is the call to adventure, to risky living, to moving out of our comfort zones, beyond the walls of the church, to discern what God is doing by his Spirit in the world and to live out the gospel in ways that bring transformation and serve the coming of God's kingdom here on earth as in heaven.

Roy is one of the founders of the Northumbria Community, a new monastic missional community, bound by a rule of life, with companions and friends geographically dispersed across the world. Roy is a former president of the Baptist Union of Great Britain, a member of the Renovare team and a visiting fellow at Cranmer Hall, St John's College Durham and associate tutor Spurgeon's College, London. He came to faith from an unchurched background while straining to be an Outward Bound instructor in the Cairngorms, Scotland. Following Bible College and university, Roy was church planting on a council housing estate on Teeside, followed by being the senior pastor of an inner-city Baptist Church in Sunderland. For the past 24 years he has lived in rural Northumberland. He is an adviser to a number of churches on issues of transition and missional engagement with their neighbourhoods. He is passionate about spirituality and missiology, how the gospel engages with contemporary life and spends a lot of his time travelling throughout Britain and Europe, encouraging people, particularly leaders, to love God and live generously. A committed northerner, he lives with his wife in the Cheviot Hills of Northumberland, enjoys being with his family and friends, playing tennis, walking, curling and when opportunity allows, sailing.

## Workshops

#### Praying with Music: Kath Dodd

Discover how instrumental music can be used as an integral part of prayer, rather than as a gentle backdrop to prayer. The Psalms express many different emotions, and these can be matched with the emotional impact of a piece of music. Here the music will consist of 'live' classical piano music, interspersed with silence for personal prayer and reflection.

#### **Prayer Stations - Creative Reflective Spaces: Pauline West**

This workshop will explore ways of designing and constructing creative spaces for personal reflection: deciding the purpose of the display; how to obtain ideas and themes; materials that can be used and how they help; constructing the display; encouraging interaction.

#### **Christian Meditation: Richard Broughton**

Every follower of Jesus is called to be a contemplative. For the contemplative, Christian prayer is not, essentially, speaking to God, or thinking about God. It is about entering into a silent conversation with God through the mind of Christ. We will talk briefly about this and then spend some time in silence together, with space for sharing at the end.

#### **Emotion and Spirituality: Alison Mesher**

In this workshop we will be: exploring the emotional basis of our choices and behaviour; de-mystifying emotion; and understanding how we can grow beyond our emotional reasoning, in order to live and act from a ground of being that is rooted and grounded securely in God's love in Christ. The workshop will present insights from neuroscience - helping us to grasp the emotional brain - and consider the role of spirituality and spiritual disciplines as tools that enable us to master emotions, rather than be mastered by them as we experience the mind of Christ.

#### **Exploring and Experiencing Celtic Spirituality: Cameron Butland**

Celtic Spirituality seeks to discern God in and through creation. This workshop looks at the distinctive features of this form of spirituality including the role of community and different forms of prayers, such as Circle prayers. Using images, prayers and readings the workshop will conclude with a short period of reflection.

#### **Church Leader Workshops**

A number of Cumbria's Church Leaders will share their own spiritual journeys in discussion groups, including the Anglican, Methodist, Orthodox and Salvation Army Leaders.