

## A Foundation Day on

# 'Growing Through Conflict'

for all leaders in our churches, to raise awareness and offer skills  
in recognising and responding to conflict in the church

**Choose the date and venue which suits you best:**

Saturday 21<sup>st</sup> May 2016, Penrith Methodist Church

Tuesday 24<sup>th</sup> May 2016, Kendal Friends Meeting House

Wednesday 8<sup>th</sup> June 2016, St Michael's Centre, Workington

**10:00 – 16:00 (coffee from 09:30)**

The Growing through Conflict network is offering a one-day foundation course in recognising and responding to conflict in the church for all in leadership in our churches in Cumbria.

### What will the day include?

1. **Understanding conflict:** What is your 'conflict style'? How do you respond in difficult or tense situations? What are the different levels of conflict? Are church conflicts unique? Is there a 'Christian' way of understanding and dealing with conflict? What about conflicts within teams?
2. **Conflict Transformation Skills:** working with real life scenarios, we will explore such skills as: ways of dealing constructively with disagreements and conflict in groups and meetings; how to 'bring down' the level of conflict; how to help people find a way forward together etc.
3. **Further resources:** we will offer ideas and pointers for further training, including information about courses, and local/national resources.

**Who is it for?** This Foundation Day is intended for all in leadership in our churches, e.g. clergy, elders, youth leaders, mission leaders, licensed/commissioned lay leaders, group leaders..... Each day will be open to a maximum of 20 participants, ensuring a good spread from across the denominations.

**What do I need to bring?** Tea, coffee, cake and fruit will be provided throughout the day. Delegates are asked to bring your own lunch, a Bible and paper. You will be asked to complete a short questionnaire in advance to identify your own style of responding to conflict.

**How much will it cost?** The day will cost £15 per person. Your denomination or local church may be able to support you in paying. Payment is needed to secure a place, but a provisional booking can be held for a short time while this is arranged.

**Who will facilitate the day?** The day will be facilitated by members of the Growing Through Conflict Network.

**How will the day be evaluated?** Evaluation will be sought after each of the days to ensure that any learning is captured for the future.

**How do we sign up?** Please contact Helen Boothroyd: [hbctic@tiscali.co.uk](mailto:hbctic@tiscali.co.uk) or 07503 931196, who will confirm details of payment options with you (cheque or BACS). Places will be allocated both a) to ensure a spread of denominational representation and b) on a first-come-first-served basis. Booking of places for Methodists should be made through Rob Glassonbury: [chester.stoke@btconnect.com](mailto:chester.stoke@btconnect.com)