

# Coniston and Crake Valley News



# The Coniston and Crake Valley Benefice

*"To Grow, Witness and Love Like Jesus"*

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage, Penny Bridge, LA12 7RQ	<i>Brian works for Filling Station on Thursday Brian's rest day is Friday</i>	07505 048736

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<p><b>To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.</b></p>
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## **Churches in Coniston and the Crake Valley**

**St Andrew's Church, Coniston LA21 8EN**

**St Luke's Church, Torver LA21 8AZ**

**St Luke's Church, Lowick LA12 8EE**

**Holy Trinity Church, Colton LA12 8HF**

**Church of St Mary the Virgin, Penny Bridge LA12 7RQ**

**Tottlebank Baptist Church, Colton LA12 8HY**

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

**Coniston Methodist Church, Coniston LA21 8ER**

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

**St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW**

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm.

For further information contact Father Matthew Jacob on **01229 779673**.

# Pastoral Letter from Pam Priestley

Bandrake Head

Dear All,

The first Christmas present I ever bought my husband to be was a 'Camping Gaz' stove. I remember him opening it and looking at it rather quizzically, perhaps wondering if all the meals in our married life were to be cooked on this! Being a lover of machines and gadgetry, I think the thing that won him over was that it was the 'deluxe' model (or so I believed!) because it had an automatic lighter! One press of a button and the flames would be there, no matches needed.

The psychology behind this gift for me was simply that I love picnics and it was a way of making sure that Nigel was ready for a married life of picnicking! I have to say that 43 years later we still have the very same Camping Gaz, still use it and it still lights on the first press of the button!

Picnics feature in the Bible too. I've always loved telling the story of the 'Very Big Picnic' to young children. What a picnic that was! 5,000 hungry people munching away on their fish sandwiches! The disciples had wanted to send the crowd away to find the nearest 'supermarket' but Jesus thought 'PICNIC', let's stay together and share food and so miraculously, picnic it became.

On another occasion Jesus himself prepared the picnic food for his friends at breakfast time on the seashore. No Rick Stein recipe would ever surpass the smell of freshly caught fish being grilled on the charcoal fire. But this was more than just a tasty meal. The disciples were in a state of dejection, frustration and for Peter particularly, guilt. Jesus, lovingly preparing a picnic and welcoming each person on that beach was an opportunity for him to restore and heal their broken hearts. That was a picnic that would stay with them forever.

So whether you plan to eat an egg sandwich or sizzle a sausage outdoors with friends, happy picnicking this summer!

Love Pam



## Church Attendance at St. Luke's, Lowick

Even though there have been new reports of increases in COVID infections, we are continuing to re-adjust from the habits that we formed during the pandemic lockdowns and other restrictions. The churches in the Crake Valley are also recovering.

Nevertheless, we have seen lower numbers attending some churches and St. Luke's, Lowick in particular. PLEASE remember us at Lowick and join us for worship in the heart of the Crake Valley. You will always receive a warm welcome.

## Church Services for August 2022

<b>7<sup>th</sup></b>			
<b>Eighth Sunday after Trinity</b>			
<b>St. Luke</b> Torver	9.00am	<b>Bikers' Breakfast</b>	Rev Brian Streeter
<b>St. Andrew</b> Coniston	9.00am	<b>Morning Worship</b>	Pamela Hull
<b>St. Luke</b> Lowick	9.30am	<b>Holy Communion(BCP)</b>	Rev David Bickersteth
<b>St. Mary</b> Penny Bridge	11.00am	<b>Holy Communion and Baptism</b>	Rev Brian Streeter

<b>14<sup>th</sup></b>			
<b>Ninth Sunday after Trinity</b>			
<b>Holy Trinity</b> Colton	10.00am	<b>Holy Communion</b>	Rev Brian Streeter
<b>St. Andrew</b> Coniston	11.00am	<b>Morning Worship</b>	Pamela Hull
<b>St. Mary</b> Penny Bridge	11.00am	<b>Holy Communion</b>	Rev Brian Streeter

<b>21<sup>st</sup></b>			
<b>Tenth Sunday after Trinity</b>			
<b>St. Luke</b> Torver	9.00am	<b>Holy Communion</b>	Rev Joanna Henson
<b>St. Andrew</b> Coniston	9.00am	<b>Holy Communion</b>	Rev Brian Streeter
<b>St. Mary</b> Penny Bridge	11.00am	<b>Holy Communion</b>	Rev Harry Welch

<b>28<sup>th</sup></b>			
<b>Eleventh Sunday after Trinity</b>			
<b>St. Luke</b> Lowick	9.30am	<b>Methodist Service</b>	Rev Martin Williams
<b>Holy Trinity</b> Colton	10.00am	<b>Morning Worship</b>	Pam Priestley
<b>St Andrew</b> Coniston	11.00am	<b>Holy Communion</b>	Rev Brian Streeter
<b>St Luke</b> Torver	7.00pm	<b>Torver Junction</b>	Rev Brian Streeter

### From the Editor

I'd like to welcome some new advertisers who'd have joined us over the last couple of months, and say a big thank-you to our regular advertisers who are supporting the Magazine. I hope readers find it useful to have information about all these local businesses.



I would love to receive your images of local life and work to use for future magazine covers; how about some photos at the Shows? They need to be portrait format and in fairly high resolution by email, please.

The deadline for next month's edition is August 15<sup>th</sup>.

**Juliet Caldwell, Editor**

[editor@conistonandcrakechurches.co.uk](mailto:editor@conistonandcrakechurches.co.uk)

07884 232281



## *From the Registers*

### **Funerals**

2<sup>nd</sup> July Frances Anne Walker at St. Mary's, Penny Bridge Interment of Ashes  
26<sup>th</sup> July Jon Rouse at St. Mary's, Penny Bridge Funeral

### **Baptisms**

31<sup>st</sup> July Noah Alan Sharples at St. Mary's, Penny Bridge  
7<sup>th</sup> August Joseph Glenn Harley at St. Mary's, Penny Bridge  
21<sup>st</sup> August Ella Rose Edmondson at St. Luke's, Lowick  
28<sup>th</sup> August Rowan Edward Garth at St. Mary's, Penny Bridge

### **Weddings**

20<sup>th</sup> August Francesca Higgins and Bradley Perks at St. Andrew's, Coniston

## **A Prayer for Ukraine**

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their  
decisions.  
Above all, we pray for all your precious children, at risk  
and in fear, that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace.  
Amen.

*Archbishop Justin Welby*  
*Archbishop Stephen Cottrell*



# AROUND THE PARISHES

## Coniston and Torver

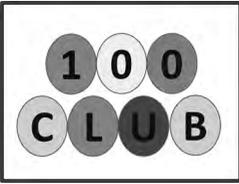
### Rainfall, Garden House, Coniston, June 2022

Total - 145.4mm (5.7ins)

Wet days - 18

More than 1mm on 11 days

Wettest day - 26<sup>th</sup> - 42.2mm (1.7ins)



### Torver 100 Club

A fabulous and fun evening with impromptu games initiated by Mia, Lesley Hadwin's granddaughter, was enjoyed by all who came along to the Schoolroom Social in June. Unfortunately the film of Coniston was unable to be shown due to technical difficulties. We hope to show this successfully at the next 100 Club Village Social in September.

The winners of the quarterly 100 Club draw were as follows:

£100: Marie Johnston. £30: Helen Barlow. £30: Maureen Hadwin.

£20: Stuart Cowburn. £20: Adam McClusky. £15: John Brooks.

£15: Heather Wilkinson. £10: Nicolas Monk. £10: Robert McCracken

£10: Louise Thomson.

Interestingly, this month five of the winners are from Torver!

Huge thanks to everyone who came, and to those who set up and cleared up ... always with a smile.

If anyone would like to plan the next social in September and do something different, please contact any committee member. Your idea can be brought to the next committee meeting, or come along yourself on the 5<sup>th</sup> September at 7pm - you will be most welcome.

Committee members are; Pat Barr, Nina Cameron, Jason Hadwin, Bev Lewis, Hazel Bowness, Linda Inman, Nick Monk, Val Towndrow, Brian Streeter.

### PPG and Coniston Medical Practice update

We hope everybody can enjoy summer now. Just a few updates we wanted to share:

Together with a group of practices in the South Lakes area we have got some new services available now. There will be access to an additional physiotherapy service, either with phone or face to face appointments. Face to face appointments will mainly be in Windermere, Staveley or potentially Ambleside.

Secondly, there are going to be 'care navigators' who can support patients with complex medical needs. Suitable patients can be referred by the doctors.

A third service consists of pharmacists (who do not belong to a high street pharmacy) who might contact you directly to discuss your repeat medications. This is in addition to our normal dispensary services which will continue to run as always.

Otherwise there will be no change to our surgery services.

If you have any queries please contact either Dr Frey or the admin team at the practice.

# Caroline A. Metcalfe-Gibson

Capturing the past before it disappears:  
Vernacular buildings between the Lakes and Dales  
At the Ruskin Museum until 4<sup>th</sup> September

The Ruskin Museum

Coniston, LA21 8DU

Tel: **015394 41164**

[www.ruskinmuseum.com](http://www.ruskinmuseum.com)

Open every day 10am - 4.30pm



*Coniston*  
**VINTAGE**  
*Summer*  
**SHOP**  
22 JUNE - 2 OCTOBER  
OPEN 7 DAYS A WEEK 10AM - 6PM

14 STALLS SELLING ANTIQUES, VINTAGE & COLLECTABLES

CONISTON INSTITUTE, 15 YEWDAL ROAD, CONISTON LA21 8DU

*Free entry*

  Coniston Vintage Shop 07957 196184

## Presentation Evening for the Coniston 14 Run.

It was good to return to our annual Presentation evening after three years.

It was held at Coniston Sports and Social Centre on Wednesday 6<sup>th</sup> July. Donations were presented to the following 20 clubs and organisations:



Coniston Bowling Club, Coniston Care Scheme, Coniston and Crake Valley News, Coniston Sailing Club, Coniston Cricket Club, Coniston District Tennis Club, Coniston Tennis Club, Coniston Christmas Lights Committee, Coniston Football Club, Coniston Institute, Coniston Mountain Rescue Team, Coniston Primary HSA, Coniston Primary School, Coniston Tourist Information Centre, Coniston W.I., Hawkshead Guides and Brownies, John Ruskin School, Coniston, St. Mary's Hospice, Ulverston and Ulverston MIND.

After sixteen years, Geoff Cooper has retired as Race Co-ordinator and passed the baton to Janette Braithwaite for the next Race on Saturday 25<sup>th</sup> March 2023.

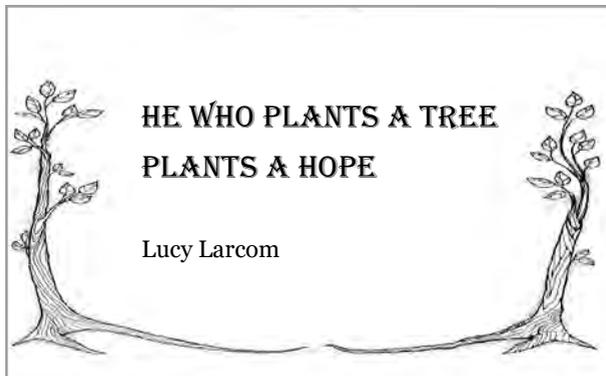


## August picture puzzle!

This photo has been sent in along with the question - "what is this?" The Editor has no idea.

I'm promised that the answer will be sent in time for next month's magazine!

If you have any similar picture puzzles or quiz questions for us, please do send them in.



## WATER YEAT VILLAGE HALL

is delighted to present



# Hungrytown

The start of our USA month brings this folk duo inspired by the grit and true-to-life experiences in traditional ballads.

"In addition to their superb performances (she has an attractive pure-voiced alto, he's an accomplished multi-instrumentalist) they pull off the trick of sounding both like traditional English folkies and old-school Appalachians, often at the same time"

NetRhythms, UK

**SUNDAY 4<sup>TH</sup> SEPT at 8pm £12**

or in advance from [www.wegotickets.com/wateryeatvillagehall](http://www.wegotickets.com/wateryeatvillagehall)

*Café/table seating.*

*Bring your own drinks and nibbles.*

[www.e-voice.org.uk/wyvh](http://www.e-voice.org.uk/wyvh)

[www.hungrytown.net](http://www.hungrytown.net)

## Make a difference Become a Parish Councillor!

Blawith & Subberthwaite Parish Council have vacancies and would really like to hear from you.

If you are passionate about the community and would like to get involved you should consider becoming a parish Councillor.

Please contact the Clerk for further details on 01229 889319 or  
email - [blawithandsubberthwaitepc@outlook.com](mailto:blawithandsubberthwaitepc@outlook.com)

### Egton cum Newland



#### Greenodd Village Hall Post Office times

Monday 12.15 - 4pm

Tuesday 9am - 12 noon

Friday 12.15 - 4pm

### Updates from Grizedale Arts and The Farmer's Arms

It's been all go at The Farmer's Arms since we reopened the Café and Stable Bar earlier this year. We've run lots of pottery courses, hosted festivals, film screenings, talks, music nights and lots of other events. A few weeks ago, we made the decision to move to a three day week and we are now open every Thursday, Friday and Saturday, from 10am – 10pm.

Our weekly volunteer day and community lunch are now every Wednesday. Join us from 10am – 4pm to get involved in the pub renovations and to learn new skills with our staff. Open to anyone who wants to get involved, each week volunteers get involved with something different, from flower arranging, fabric printing, painting and decorating to cooking and gardening. There is no need to book, you can just come along and learn something new each week and you'll get a 2-course lunch for your efforts.

Our community lunch has also moved to a Wednesday. Open to anyone in the community, or visiting the area, join us each week at 1pm sharp for a 2-course lunch for just £5.00 per person. If you know someone in the community who would benefit from joining our lunches, we encourage you to bring them along too!

We'll be pretty busy over summer with visitors, but we are developing a new term of evening classes to start in September with plans for pottery, dressmaking, woodwork and more hosted by our in house and guest tutors. Classes will open for booking soon, so keep an eye on our social media, or register your interested with Emma. We'll also have a new workshop 'Join In' each Saturday from September between 10am – 4pm with Tom Philipson and Francis Lloyd Jones, when you can make use of our pottery and woodwork facilities with their support and tuition. If there is something you want to learn, tell us, and we'll do our best to host a course in the near future.

To register your interest, or to get involved, visit our websites -

[www.lakedistrictfarmersarms.com](http://www.lakedistrictfarmersarms.com) | [www.grizedale.org](http://www.grizedale.org) – or contact Project Manager, Emma Sumner ([emma@grizedale.org](mailto:emma@grizedale.org) | 01229 481160) who is always happy to hear from you.

## Oxen Park Cinema Club

### 20th Anniversary Film

To celebrate our 20th anniversary we are putting on a special show of the original film shown in 2002 - *BUTCH CASSIDY AND THE SUNDANCE KID*.

Saturday 27<sup>th</sup> August, 2 shows: 4pm and 8pm.

Booking your seats ahead: make this a historic family outing and come to watch this masterpiece again.

Book online using our new online booking system

at [www.oxenparkcinemaclub.org.uk](http://www.oxenparkcinemaclub.org.uk)



## **NEW SEASON OF FILMS 2022 - 2023**

We are back to our old ways - 1<sup>st</sup> Tuesday & 3<sup>rd</sup> Saturday in the month starting on Tuesday 6<sup>th</sup> September with the film BELFAST. BUT - a new way of booking your seats and new membership - go online to [www.oxenparkcinemaclub.org.uk](http://www.oxenparkcinemaclub.org.uk) Programmes will be available at the Rusland Show on 20<sup>th</sup> August.

## **Rusland Horizons Report**

### **New Trustees join Rusland Horizons**

We are delighted to announce that six new trustees have now been appointed to the board of The Rusland Horizons Trust. The Trustees will replace the four due to stand down towards the end of the year and will join the two existing Trustees who remain on the board. With a total of eight Trustees from the start of 2023, the outlook for the Trust and its continuation of conservation and community activities, is now looking significantly more positive and exciting!

### **More events now open for booking**

We've added more events! Family discovery day, veteran tree walk, rhody bashing, woodland archaeology discovery walk, to name a few. There are also a couple more events currently being planned which should be open for booking very soon; alder tree planting at Thwaite Moss which is due to run in October and forest bathing at Black Beck Woods likely to be in September.

If you want to get involved and join us for one of our many events, then take a look at our website. The 'What's On' page lists all the events open for booking, with more being uploaded over the coming weeks as details are confirmed.

All information and links to booking are on our website here

<https://www.ruslandhorizons.org/whats-on.aspx>

or email [hello@ruslandhorizonstrust.org](mailto:hello@ruslandhorizonstrust.org)



## **Cumbria YFC County Stock Judging Competitions**

A fantastic night of Stock judging took place at Threapland Lees on Thursday 16<sup>th</sup> June with the young farmers gathering to take part in the County Final of the Stockman and Young Stockman of the Year competition. Kindly hosted by the Bowness family, competitors were tasked with judging dairy, beef, lambs and ewes and were also called on to complete an animal health and husbandry questionnaire set by Ms Charlotte Chapman of Farmgate Vets. With a good turn out on the night, the young farmers showed great skill and focus in their stock judging and a great night was had by all with the results as follows:

### **Stockman of the Year: Ian Graham Rose Bowl**

1<sup>st</sup> - Amy Bowness, Greysouthen YFC

2<sup>nd</sup> - William Longmire, Lowick YFC

3<sup>rd</sup> - Luke Hodgson, Lowick YFC

4<sup>th</sup> - Matthew Fearon, Greysouthen YFC

### **Overall club points: Harrison and Hetherington Trophy**

1<sup>st</sup> - Lowick YFC

2<sup>nd</sup> - Wigton YFC

3<sup>rd</sup> - Greysouthen YFC

4<sup>th</sup> - Penrith YFC

photo: Will Longmire collects the award for most overall Club points for Lowick YFC



The top three competitors from both the Stockman and Young Stockman now go on to compete at the Northern Area Stockman competition, hosted by County Durham YFC on the 22<sup>nd</sup> July 2022 at Darlington Farmers' Mart.



## **Mothers' Union**

Coniston Mothers' Union members have recently had two outings. The first being to Barton Grange where they took a ride in Kingfisher on the Lancaster canal, enjoying a hotpot lunch as they admired the scenery. This was followed by a spending spree for plants which filled the car for the return journey.

Their second trip was to the Terrace cafe at Brantwood where the majority of members enjoyed the large scones with cream while others tucked in to a variety of dishes. Future events were discussed including a visit from the Diocesan President, Debbie Lee, who is visiting all the Mothers' Union groups in the diocese on her bike, which is in aid of the Bishop's Harvest Appeal. She will be visiting St Andrew's Coniston at 11am on July 30<sup>th</sup>.

Kay

## **Brantwood News and Views**

Our 2022 programme of exhibitions continues with “Ruskin’s Perspective: The Art of Abstraction” in the Blue Gallery. This exhibition draws on a cultural history of maths to explore 19<sup>th</sup> century scientific ideas about the relationship of things and their properties to each other. Continuing in the Studio until 9<sup>th</sup> August is ‘Swallows and Amazons: As Seen from Abroad’ by the Arthur Ransome Trust featuring illustrations from his famous books which have been used in publications around the world.

Local artist Daniel Cooper returns to Brantwood with his new 10<sup>th</sup> Anniversary exhibition ‘An Echo in the Sky’ which comes at the time he celebrates a decade in a career as a professional artist living and working in Cumbria. The collection of original work describes the place where it all started for Cooper: Brantwood. Opens on 13<sup>th</sup> August until 20<sup>th</sup> September.

On Wednesday 10<sup>th</sup> August Illyria open air theatre returns with a performance of J.M. Barrie’s Peter Pan. Starts at 6.30pm. Tickets £15 (Stu £12, Ch £8.50) bookable via our website. When the leader of the Lost Boys, the fleet-footed Peter Pan, loses his shadow during a visit to London, kind-hearted Wendy helps him re-attach it and is invited back to Neverland in return - where Tinker Bell the fairy, Princess Tiger Lily and, of course, the vengeful Captain Hook await. A mixture of actors, puppets and a surprise crocodile. Coniston Launch will be running a special service to and from the performance. £10.00 return. Leaving Coniston boatlandings at 6pm (please arrive at 5.45pm) and returning after the performance. Go to [www.conistonlaunch.co.uk](http://www.conistonlaunch.co.uk), then click on book now then click on Brantwood Theatre. Alternatively [info@conferry.co.uk](mailto:info@conferry.co.uk) phone number **017687 75327**.

For full details of all our exhibitions and events, please visit our website **[www.brantwood.org.uk](http://www.brantwood.org.uk)**. (Tel: **015394 41396**).

## **SLDC Handy Person Scheme helps people maintain independent living**



Residents in need of practical help around their homes are being reminded that a free council-run service could provide support.

South Lakeland District Council’s Handy Person Scheme offers assistance with simple but essential jobs around the home to help people maintain independent living and quality of life.

The service provides help with anything from changing a lightbulb to putting up shelving, installing hand rails and small repairs such as unblocking sinks, as well as fitting curtain rails and moving heavy items and fitting of minor security measures.

The work is free of charge except for the cost of materials and is available to people who are unable to undertake the task themselves and have no other person available to help them with the task who

- are aged 65 and over; or
- have a disability or are vulnerable; or
- are being discharged or have recently been discharged from hospital; or
- are at high risk of falling due to a medical condition.

Works are limited to a maximum of three man-hours. Eligible households can use the service up to six times a year.

Further details of the scheme are available on the council’s website at **[www.southlakeland.gov.uk](http://www.southlakeland.gov.uk)**, via telephone on **01539 733 333** or via email on **[housingstandards@southlakeland.gov.uk](mailto:housingstandards@southlakeland.gov.uk)**.

# GREENODD & DISTRICT HORTICULTURAL SOCIETY

## 78th Annual Show

**FLOWERS \* VEGETABLES \* POT PLANTS \*  
FLORAL ART**

**HOME PRODUCE \* PHOTOGRAPHY \*  
CHILDREN'S CLASSES**

**HANDICRAFTS \* WINES & LIQUEURS**

**GREENODD VILLAGE HALL  
Saturday 27<sup>th</sup> AUGUST 2022  
at 2.00 p.m.**

**Trophies presented at 4.00 p.m.  
Followed by auction of exhibits**

***Raffle*      *Light refreshments available***

**Admission: Adults £1.00, under 16's Free.**

**Schedules from:**

**P Hutchinson, Bakehouse Born and Bread, Village Hall.  
2 Bank Terrace, or telephone 581274**

**email [greenodd.horticultural@gmail.com](mailto:greenodd.horticultural@gmail.com) or find us on  
Facebook**

**It's back ...**

# **RUSLAND SHOW**

**SATURDAY 20 AUGUST 2022**

Field opens 11:30 First event 12:20

Whitestock Meadow, Rusland LA12 8LB

Flowers, Vegetables, Home Produce,

Handicraft and Children's Exhibit

Competitions

Fell Races, Track Races, Hound Trails – **Cash Prizes**

Children's Competitions: Pet Show, Fancy Dress,

Obstacle Course, Children's Races

Craft Tent, Refreshments, Ice-Creams,

Local skills and crafts demonstrations

Free Circus skills workshops by Jesters

Tug of War (£100 1<sup>st</sup> Prize donated by The Manor House)

Music event after the Show!

ADMISSION: ADULTS: £5.00

CHILDREN under 16: £1.00

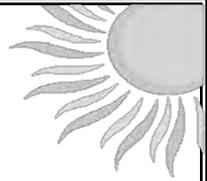
Contact: Maureen Boyren, Hill Park  
Farm, Colton, Ulverston. LA12 8HP  
Telephone: **01229 885300**

Email:

**ruslandshowinfo@gmail.com**

Website: **www.ruslandshow.org**

Find us on Facebook: Rusland Valley Horticultural Society Ltd





# Lakeland Country FAIR



Join us for a fun day out for all the family!  
Sunday 21st August 2022, starting at 12 noon | £5 Adult, £3 Child  
Torver, Near Coniston, Cumbria LA21 8AU



## Whats On:

Dog Shows

Fell Races

Displays and Demonstrations

Fell Pony's

Licensed Bar

Trade Stands

Refreshment Stands

BBQ

Crafts

[WWW.LAKELANDCOUNTRYFAIR.CO.UK](http://WWW.LAKELANDCOUNTRYFAIR.CO.UK)

# LOWICK SHOW

*the Lowick 'L'al Royal' show*



**Saturday 3rd September 2022**  
gates open at 8.30am

**Adults £6 | Under 16's £2.50 | Under 5's FREE | Car Park FREE**

*For over 160 years the communities along and around the Crake Valley have celebrated annually in display and competition of the fruits of their labour*

## ***There is something for everyone...***

*Classes to enter... Livestock/Horses/Home Produce*

**EARLIER ENTRY DEADLINE: FRIDAY 5TH AUGUST**

Download your schedule and entry form from, [www.lowickshow.co.uk](http://www.lowickshow.co.uk)

*Enter on the day... Novelty Dogs/ Children's Races*

*What's on... Licensed Beer Tent/Refreshment Tent/Children's Races/Trade Stands/  
Local Crafts Tent/Cumberland wrestling...*

## ***Keeping the entertainment going...***

*The Beer Tent will be open throughout the day until 8pm.*

*Featuring live music from 5pm.*

*All welcome!*

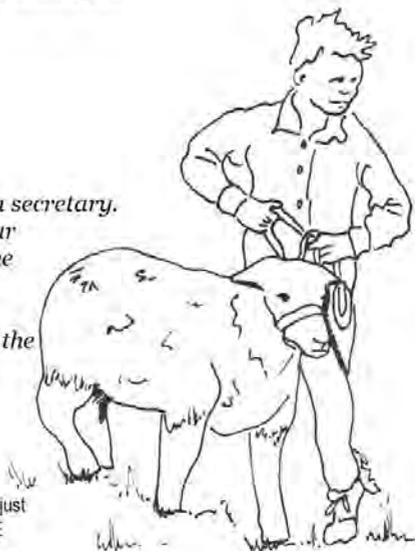


## ***Seeking a Secretary...***

*Once again we find our 'La'al' Show without a secretary.*

*We are seeking someone to work alongside our dedicated committee to continue to provide the fabulous Show we all know and love.*

*If you think you might be the right person for the role, email the committee at, [secretary@lowickshow.co.uk](mailto:secretary@lowickshow.co.uk) or visit the website for more details.*



Find the show fields next to the A5084 Greenodd to Coniston Road just a few hundred metres south of Lowick Bridge. SAT NAV LA12 8EE

**[www.lowickshow.co.uk](http://www.lowickshow.co.uk)**

## **Broughton and Coniston District Councillors' Update**

**Local Government Reorganisation** A Cabinet has been appointed for the new Westmorland and Furness Council. It will work in parallel with the existing District Councils and Cumbria County Council prior to becoming fully functional in April 2023. A Council plan which will confirm the high level strategic direction and vision is currently being developed

**Sustainable Warmth Grant Scheme** SLDC is offering grants to residents to support installing energy efficiency measures and low carbon heating into homes. This will reduce heat loss, bills and carbon emissions. Eligible households can receive funding up to £25,000. SLDC will be writing to eligible households.

**Environmental Business Support** SLDC is subsidising support for small businesses to become greener. The environmental action planning and certification package, which includes 12 months Green Small Business certification, usually costs from £299 and SLDC will pay up to 50%.

**Lakes Water Quality - Volunteers needed** There is an increasing problem with sewage in the Lakes. The National Park has joined with several other agencies to promote the Love Windermere project to reduce lake contamination. In Coniston, we are intending to get areas of the lake designated as bathing waters. This means it will be easier to finance sewage plant upgrades and maintenance. To do this, we need to survey the number of bathers at key points around the Lake over a season and we need volunteers. Tracy and Suzanne are taking the lead on this - see opposite.

**Waterbird Seaplane - Volunteers needed** In June, the Waterbird, a hydroplane (seaplane) took off on Windermere re-enacting the original historic flight in 1910 of the first hydroplane. The trials were successful and we are holding a public display on 22<sup>nd</sup> and 23<sup>rd</sup> September, near Cunsey. We need about a dozen volunteers to help with parking and marshalling. This will be between 2 and 6pm.

**Hawkshead Tourist Information** LDNPA has reopened the Tourist Information Centre and they are also have cycle hire and sell snacks and hot drinks. They are planning a full refurbishment of the property.

**Visitor Management** It is getting busier in the Lakes and Safer Lakes group is actively patrolling. There is Parking Enforcement and we are also dealing with litter and fly camping as they occur. If you see any problems, please contact the Safer Lakes group on [help@lakedistrict.gov.uk](mailto:help@lakedistrict.gov.uk).

Contact us on **077784 30926**, if you have any queries/concerns, wish to volunteer, or would like any more information.

Or [ian.wharton@southlakeland.gov.uk](mailto:ian.wharton@southlakeland.gov.uk),  
[heather.troughton@southlakeland.gov.uk](mailto:heather.troughton@southlakeland.gov.uk)  
[tracy.coward@southlakeland.gov.uk](mailto:tracy.coward@southlakeland.gov.uk)  
[Suzanne.Pender@westmorlandandfurness.gov.uk](mailto:Suzanne.Pender@westmorlandandfurness.gov.uk)

Stay Safe, Keep Healthy

Ian, Heather, Suzanne and Tracy

## “Bathing Waters” Designation for Parts of Coniston Water

Water based activities are already, and increasingly, extremely popular on Coniston Water. The importance of such activities to people’s physical and mental health is increasingly recognized. But serious concerns have arisen about frequent incidents of inadequate treatment of sewage at, or bypassing of, the sewage treatment works in Coniston and Torver.

The designation of parts of the lake as “bathing waters” would impose a legal requirement on the Environment Agency to carry out regular assessments of the water quality. Such a designation would also make it easier for United Utilities to obtain approval from its regulator OFWAT for any necessary expenditure on improvements to the capacity or effectiveness of the local sewage treatment works. It would also enable more effective public pressure to be applied to United Utilities to upgrade to an adequate level.

Degradation of the water quality in the lake could have immediate effects on the health of those who use it for a wide range of activities. It would also have a long-term adverse effect on the ecology of the lake with its rare and internationally important species.

Designation is not easy. It requires extensive surveying over a season. Records must be made of the number of bathers and other undertakers of water based activities on the 20 most busy days at the parts of the lake that are candidates for designation. A submission must then be made to DEFRA.

Three areas are under consideration:

1. Coniston North Tip, Monk Coniston and Coniston Boating Centre
2. Coniston North West Shore, Old Hall Sailing Club; Camp Site and Priestley Centre
3. Coniston South Tip, Brown How and Eric Wright Centre

There are no plans to make any physical changes to the built or natural environment in support of the application, for instance no marking of bathing areas is planned.

We would be very interested in all views on the possible designations.

We are also looking for volunteers to undertake survey work on a number of days during the summer. This is simply the completion of a survey form, for which guidance will be given. Please contact us (below).

The DEFRA application is being led by Coniston Parish Council supported by a small task group from the local community and the new Westmorland and Furness Authority.

Tracy Coward, Chair, Coniston Parish Council [tracy9014@yahoo.co.uk](mailto:tracy9014@yahoo.co.uk)

Suzanne Pender, Westmorland and Furness Authority  
[Suzanne.Pender@westmorlandandfurness.gov.uk](mailto:Suzanne.Pender@westmorlandandfurness.gov.uk)

**A THOUGHT FOR THE MONTH by Rev. David Gregg**  
**AUGUST 6<sup>th</sup> : THE FEAST OF THE TRANSFIGURATION**

In 1966/67 Sir Francis Chichester sailed single-handedly around the world. He left Plymouth on 27<sup>th</sup> August 1966, escorted out by naval vessels, and returned there on 28<sup>th</sup> May 1967, greeted by a flotilla of small ships, and a Naval guard of honour as he came ashore. He was knighted by the Queen at Greenwich a little while later. In December 1967 the BBC had a spoof TV programme about the year's events as seen through the eyes of the Communist "Peking People's Daily". They showed actual footage of the above events with the following commentary:

Last year, things got so bad in the capitalist state of Britain, that one of the inhabitants made a desperate bid to escape, hotly pursued by the British Navy, whose pathetic attempt to catch him he easily evaded. Unfortunately, as he was a product of their very primitive education system, his navigation was so bad that nine months later he arrived back exactly where he had started out from. He was immediately seized by the lackeys of the Imperial forces, and dragged off to Greenwich, where he was publicly beheaded by the monarch.

They finished the footage just as the sword came down!

Along the same lines, there is also the story of the Liverpool footballer making his way to the local derby against Everton. On the way he saw an escaped poisonous snake about to attack a little child. He bravely seized it and killed it, undoubtedly saving the child's life. The local Liverpool paper reported it under the head-line, "Liverpool Hero saves child's life." But it's rival Everton-supporting daily came out with, "Liverpool Lout slays family pet!"

Both these examples illustrate an important principle, somewhat down-graded in our modern Western world, that "Truth" does not lie in mere *words*!

The feast of the Transfiguration falls on 6<sup>th</sup> August. The Greek word means a 'Change of form', and the story is told in each of the first three gospels. Although the apostle John, one of the participants, does not tell it in the same way, it almost certainly lies behind his opening statement, "The Word became flesh and lived among us . . . and we have seen His glory, the glory as of the Father's only Son, full of grace and *truth*." Later on in his gospel John records Jesus as saying, "I am . . . the *truth*". (John 14:6). The common Greek word (*aleitha*) means "non-concealment". In the Greek version of the Hebrew Scriptures (the Septuagint) it is used almost unanimously to translate the word "Emeth", which comes from the same root as "Amen", and basically means the *Ultimate Reality*. So, although the Scriptures bear witness to Jesus, as *the* Word, they are not, in themselves "the Truth"!! it is Jesus Himself Who is the Ultimate Reality, revealed in the Transfiguration.

But the "I AM" of Jesus saying is equally important. It signifies the Divine Name, and the Transfiguration should move *us* to respond, in the words of Thomas Scott's commentary on Exodus ch. 34 vv 1-10:

"When the LORD made Himself known to Moses, by the name I AM THAT I AM, He declared unto him His self-existence, unchangeableness, eternity, omnipotence, omniscience and omnipresence; with His authority as everlasting, absolute and universal SOVEREIGN, LAWGIVER and JUDGE, Who demands our LOVE, WORSHIP and OBEDIENCE".

## Parish Prayer Diary - August 2022

**1<sup>st</sup>:** Pray for those rebuilding their lives and communities following recent natural disasters.

**2<sup>nd</sup>:** Pray for hospital medical staff, managers and support staff.

**3<sup>rd</sup>:** Pray for today's Benefice staff team meeting.

**4<sup>th</sup>:** Pray for the people of Haiti in these turbulent days of political infighting and gang violence.

**5<sup>th</sup>:** Pray for the safety and wellbeing of our farming community.

**6<sup>th</sup>:** Pray parents and God-parents will take seriously the promises they make to nurture the Christian spiritual development of children they bring for baptism this month.

**7<sup>th</sup>: Sunday, the first day of the week**

Ponder anew the graciousness of God giving up his Son out of love for the world, and in humble response, seek to share his love with all we come in contact with.

**8<sup>th</sup>:** Pray for our local Councillors Ben Cooper and Caroline Airey.

**9<sup>th</sup>:** Pray for local Agricultural shows taking place this month.

**10<sup>th</sup>:** Pray for those involved in providing local public transport.

**11<sup>th</sup>:** Pray for all involved in the local tourist and hospitality industry.

**12<sup>th</sup>:** Pray for the youth of our nation and the challenges they face.

**13<sup>th</sup>:** Pray for charities working abroad to prevent the spread of disease in areas affected by poverty, drought and conflict.

**14<sup>th</sup>: Sunday, the first day of the week**

Pray the Holy Spirit, who is the life and light of the Church, may open our hearts to the riches of his grace that we may bring forth the fruit of the Spirit in love and joy and peace.

**15<sup>th</sup>:** Pray for church-run Food Banks and Food Pantries, the organisers, helpers and clients.

**16<sup>th</sup>:** Pray for our local Councillors Tracy Coward and Janet Willis.

**17<sup>th</sup>:** Pray those suffering from addiction of any kind may be helped and accompanied on their journey to wholeness.

**18<sup>th</sup>:** Pray for pupils as they receive their A and AS level results and consider their future options. Pray for parents and teachers as they support them.

**19<sup>th</sup>:** Pray our nation nurtures respect for the dignity of all peoples, seeing the worth of every soul as God our Father sees them.

**20<sup>th</sup>:** Pray for local Councillors Heather Troughton and Ian Wharton.

**21<sup>st</sup>: Sunday, the first day of the week**

Lord Jesus, as you taught your disciples to be persistent in prayer, give us patience to never to lose hope but always to bring our prayers before you and to wait expectantly.

**22<sup>nd</sup>:** Pray for marriages and families under pressure, and pray for the charity Relate as it works to help those experiencing relational problems.

**23<sup>rd</sup>:** Pray for our local businesses.

**24<sup>th</sup>:** Pray for Councillors Suzanne Pender and Matt Brereton recently elected to the new Westmorland & Furness Council, and their contribution to the Shadow Authority.

**25<sup>th</sup>:** Pray for pupils receiving GCSE results, and their families as they help their children prepare for the return to full time education or the taking up of an apprenticeship.

**26<sup>th</sup>:** Pray for Christians in Nigeria, for protection from attack and for strength to hold on to Christ despite persecution.

**27<sup>th</sup>:** Pray for those struggling with their self-esteem.

**28<sup>th</sup>:** **Sunday, the first day of the week**

May our God of glory help us to lay aside all that prevents us from seeking his kingdom, for we have found that pearl beyond all price: Jesus our Saviour.

**29<sup>th</sup>:** Pray the tired find rest and recuperation today, and for those who must work, that they find the strength and peace of mind promised by Jesus (Matthew 11:29-30)

**30<sup>th</sup>:** Pray for the work of the British Red Cross who find and return to families, people missing through conflict, disaster and migration.

**31<sup>st</sup>:** Pray for all those who earn their living from the sea, especially merchant sailors and fisherman, and their families.

### Prayer Hour

Monthly opportunity to meet for just one hour in Penny Bridge church, to pray for items posted on the prayer board, for the churches in our Benefice, for our communities, and for the wider world.

Next Prayer Hour will be **Wednesday 3rd August, 10am-11am**



### Prayer Requests

The Benefice of Coniston and the Crake Valley consists of the five churches at Coniston, Torver, Lowick, Colton and Penny Bridge. The benefice has its own Pastoral Team who support the vicar, Revd. Brian Streeter in meeting the pastoral needs of the people in this extensive area. For example, in visiting and praying for those in need of support.

As part of this work, we consider it vitally important to continue in our prayer for the communities and individuals. As part of this effort we would welcome any prayer requests that you may have—for the sick, for the needy, or for whatever currently concerns you or that you wish to give thanks for.

Please send your prayer requests at any time to:

**[prayer@conistonandcrakechurches.co.uk](mailto:prayer@conistonandcrakechurches.co.uk)**

and we will ensure that they are prayed for.



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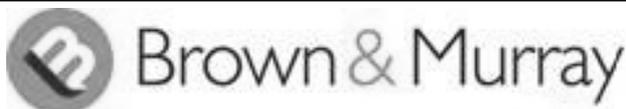
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## What's On Guide - August

3 <sup>rd</sup>	Prayer Hour 10am - 11am	St Mary's, Penny Bridge
9 <sup>th</sup>	Mothers' Union - Mary Sumner Day	
10 <sup>th</sup>	Open Air Theatre: Peter Pan, 6.30pm	Brantwood
20 <sup>th</sup>	Rusland Show, from 11.30am, plus music event after show	Whitestock Meadow, Rusland
21 <sup>st</sup>	Lakeland Country Fair, from 12 noon	Torver
27 <sup>th</sup>	Greenodd Horticultural Society Annual Show 2pm	Greenodd Village Hall
27 <sup>th</sup>	OPCC 20th Anniversary: Butch Cassidy & the Sundance Kid, 4pm & 8pm	Carthouse Cinema, Oxen Park

## What's On Guide - regular events

2 <sup>nd</sup> & 4 <sup>th</sup> Fri	Gifts & Talents: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Wednesday	Volunteer Day 10am - 4pm and Community Lunch, 1pm prompt	Farmers' Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 <sup>nd</sup> Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 <sup>rd</sup> Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
2 <sup>nd</sup> Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	Bouth Village Hall
1 <sup>st</sup> Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge

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