

**Coniston & Torver**

# **Parish Newsletter**

**October 2017**



Produced by the churches of St. Andrew's Coniston and  
St. Luke's Torver

For further information contact

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Licensed Lay Minister Peter Fox 01229 716124

## How Majestic is Your Name

Have you ever wandered through one of the Queen's many palaces? If you have, then I wonder what feelings you were left with. In times past, medieval palaces weren't just places for the good and the great to safely store their amazing wealth, or for them to hide in when things were tough. Their impressive features, contents and architecture communicated to visitors exactly who it was they were dealing with!

In medieval times, court officials wouldn't dream of bringing visitors to the palace through a side entrance directly to the throne. Instead they would be led through room after impressive room—each filled with magnificent furniture and paintings displaying the owner's heritage. It was meant to drive home the importance of the person they had come to see, and to remind them of their own position. So, overawed by all that they had witnessed, and convinced of the power and authority of the person into whose presence they found themselves, they would have quite literally been on their knees.

We live in a beautiful part of the UK – an area of incredible mountains, lakes, open spaces and wildlife. Tourists value the chance to walk the hills, or just soak up all this magnificence (that isn't intended as a pun about all our rain). And I know how they feel. Each day I get into my car to drive down Coniston Water and around the Bay to my office in Sandside. What I see on that journey often brings me to a stop to make the most of yet another photo opportunity.

I know that others may take a different view, but as a Christian, I look at the beauty of the world like I have just walked through a Medieval Palace. I am totally overawed by the majesty and magnificence of God and it brings me, metaphorically, to my knees as I acknowledge His authority and control. And the tremendous privilege is that I get to enjoy this beauty every day as I look at the Coniston massif or marvel at the birds in my garden, butterflies in the hedgerows, Grey Heron by Yewdale Beck or the Herdwick sheep all over the place (even on the road at Blawith Common).

I see my amazement at the beauty of it all reflected in Psalm 8 of the Bible. It was written by King David (of Goliath fame). Even though he faced some tough situations, he declared "LORD, our Lord, how majestic is your name in all the earth!" David clearly sees God's handiwork in all the things around him.

And it leads him to ask the sort of question that comes to mind when you've had a glimpse of God's greatness; how immense and complicated everything His creation is; and just how small and insignificant we are in comparison. David says: "When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?"

A valid question given how much we try to live our lives our own way without involving God. But the Bible tells us that He made us in His image, and that we were given a special role: to rule over the things that He created. But we messed things up by wanting to be in charge of everything and sit on God's throne. The Bible calls this sin. There's an acronym that captures the feelings behind this rebellion. It's as if we are saying: Shove off God, I'm in charge, No to God's rule.

But despite all of this, God—whose creation, power and authority is so amazing—showed us that He remembers us. How? He gave us Jesus—whose birth we celebrate at Christmas, and whose death and resurrection we remember at Easter—to be a way back to God when we trust in Him.

September has been a month where we celebrate the wonder of the harvest, while October is a month where we really notice the seasons change. The fells turn rust and yellow, the last of the leaves fall from the trees. The summer visitors (birds and tourists) have flown south, and many of our animals prepare for the harsher months ahead. But still the beauty of creation remains and, like David, I want to declare "LORD, our Lord, how majestic is all your name in all the earth!"

**Kevin Gregory**

# **Brantwood Event and Exhibition Listing October 2017**

**Blue Gallery Exhibitions** (Entry is included in House admission)

**12<sup>th</sup> September – 7 January 2018**

## **Coming of Age: Ruskin's Drawings from the 1840-41 Tour**

Ruskin, aged 21, travelled with his parents through France and Italy on a tour lasting from September 1840 to June 1841. Working their way along the coast of Italy through Genoa, Florence and Pisa they spent December in Rome before moving on to Naples early in January 1841. The return journey took them via Rome in March to Florence and Venice, and back through France. Using the young Ruskin's spectacular drawings, this exhibition provides a vivid visual account of the Ruskin family's travels.

## **Severn Studio Exhibitions 2017**

(Entry is included in House or Garden admission)

**9<sup>th</sup> September – 12<sup>th</sup> November**

## **Expedition paintings by Lincoln Rowe**

In the course of a long and varied career spanning thirty five years as a professional artist, Lincoln Rowe has gained acclaim as a sea going marine artist, working aboard ships of the British Merchant and Royal Navy fleets; as a military artist working in conflict zones with the army and units of the Royal Marines; and as an expedition artist climbing and painting some of the worlds highest peaks.

## **Coach House Loft Exhibition**

**14<sup>th</sup> April – 31<sup>st</sup> October 2017**

## **The Animal Life of Glenfender Meadows by John Ford**

Biologist and photographer John Ford has spent more than forty years creating a remarkable documentary celebration of the diversity of an unimproved northern hay meadow on the southern edges of the Cairngorms. This exhibition showcases some of the animals of Glenfender and is a sequel to the plants exhibited in 2015.

# Events Programme

## Special Events

### Concerts

#### **25 October 2017 - Recital by Martin Roscoe**

Held in Brantwood's Drawing Room. Programme to include Bach, Beethoven, Schubert, Ravel and Debussy. Tickets £19 (includes glass of wine in the interval). Pre-concert supper can be booked at The Terrace. Booking essential.

### Courses

#### **20<sup>th</sup> October 2017**

##### **Graphite and watercolour workshops with Patrick Corbett**

Practical art workshops that explore Ruskin's ideas on drawing and painting. Varied subject matter inspired by Brantwood house and gardens. Learn techniques in using watercolour, graphite chisel points, pen and ink. Suitable for all levels. All materials and refreshments provided. 10.30am – 4.30pm. £55.00 per person

#### **2<sup>nd</sup>-5<sup>th</sup> October 2017**

##### **October Writers' Retreat with Graham Mort & Geraldine Green**

Monday 2.00pm – Thursday 2.00pm. £270 per person

The Retreat also gives you an opportunity for one-to-one mentoring with Graham Mort and Geraldine Green, plus informal discussions with Graham and Geraldine. Course fee Includes refreshments, lunch on Tues, Wed & Thurs, dinner on Mon, Tues & Wed. Residential or non-residential options available

#### **13<sup>th</sup> October 2017**

##### **"Glass Fusing for Beginners" with Diane Rowlinson**

Your day will give you a basic understanding of glass fusing, the issues of compatibility, available kilns, slumping & moulds etc. You will learn cutting & design skills to produce a light catcher, approximately 7x7 inches, to admire. 10.30am – 4.30pm. £65 per person

#### **14<sup>th</sup> October 2017**

##### **Art in the extreme – working in the field with Lincoln Rowe**

Mountains have inspired some of the world's finest art, but working in the hills can be challenging. Develop your own art and learn something of the techniques of working in pastel from one of Britain's finest mountain artists

Linked to exhibition 9<sup>th</sup> September to 12<sup>th</sup> November.

11.00am – 5.00pm. £40.00 per person (RGS-IBG: £36.00). Advance booking essential and list of required material will be sent on booking.

## **24th October 2017 - Life Drawing with Sally Bamber**

A one-day practical, hands-on life drawing workshop with artist, Sally Bamber – working mainly with charcoal, responding to the nude model as subject – starting with short poses using experimental mark-making techniques through to a longer pose – life drawing is an essential study for all those interested in figurative drawing.

10.00am – 5.00pm. £65.00 per person

## **Regular Events Throughout The Season**

Half Term School Holidays - Children's Activity Trail Around the Gardens  
Follow a fun trail around Brantwood's woodland estate to find hidden animal friends. Learn about the creatures and their habitats.

Included with house or garden ticket.

### **April to October 2.15pm - Guided Garden Walks**

Every Wednesday, Friday and Sunday.

Explore Brantwood's fascinating and extensive estate with one of our very knowledgeable guides. Included with house or garden ticket.

### **Ruskin Lace demonstrations**

3<sup>rd</sup> Thursday in the month, April to October

An insight into the traditional method of needle-made lace.

Demonstrations throughout the day in Ruskin's Drawing Room.

Admission included with house ticket.

For Bookings or further information, please contact:

Brantwood, East of Lake, Coniston, Cumbria LA21 8AD

Tel: 015394 41396 - E-mail: [enquiries@brantwood.org.uk](mailto:enquiries@brantwood.org.uk)

[www.brantwood.org.uk](http://www.brantwood.org.uk)

## **Precision Tree Services**

Based in the Lake District - 07730276279

[www.precisiontreeservices.co.uk](http://www.precisiontreeservices.co.uk)

- Certified & Insured - Tree Felling - Pruning - Hedge Cutting - On-site Firewood Processing  
Paul Livesey - Arborist

## **For Rent - 3 bedroom 1st floor flat in Yewdale Road**

viewing from 20th October 2017 - locals only ,sorry no children or pets  
application letter to Mrs Stoddart c/o Coniston Co-op, Yewdale Road  
Coniston

# Cumbria County Council

## Shared Lives - a new way to live, a new way to care

Do you have some spare time?  
Would you like some extra income?  
Are you interested in working with people and helping them to live and independent normal life?  
Becoming a Shared Lives carer may be just the thing for you!

Shared Lives is a scheme that matches adults who need support with host carers who provide them with respite, day support or residential care within the carer's home.

The scheme offers a rewarding and flexible route into adult social care and enables both the carer and the service user to get the most out of the arrangement.

Carers are able to offer their services based on their own circumstances and level of experience and availability.

Carers receive an allowance from the council and are supported by a support worker, they receive full training and guidance throughout their time as a Shared Lives carer.

Are you .....

Caring ?

Compassionate?  
Patient?

A good communicator?  
Interested in a generous allowance?

Then you might like to be a Shared Lives Carer!

The council is recruiting Shared Lives carers to provide this valuable and much needed service for adults in Cumbria.

For more information visit..  
[cumbria.gov.uk?sharedlives](http://cumbria.gov.uk?sharedlives)

or call 01229 404005

## Tarn News Update Sept. 2017

It is now three years since the X112 bus service started, arising out of the scrapping of bus subsidies by Cumbria County Council in 2014. In that time Blueworks Taxis, who run the service, have been supported by the local community to enable it to survive. The support is being organised through the 'Friends of the X112' group. So what have we learnt in these three years?

Firstly there is a need to keep this service running. Many people, both locals and visitors, rely totally on the bus for their way of getting out and about and we all never know when we might be in that same position.

Secondly the support from the community to fund raising efforts has been magnificent. So many people are contributing in so many ways.

Thirdly a rural bus service like ours cannot possibly survive without support from somewhere. While we hope support from the community will continue the 'Friends' group are actively seeking ways in which to provide a more secure future for the service. All ideas are welcome as are offers to join the 'Friends' committee.

Future fund raising events;

1. Ladies fashion show and pop up shop presented by the 'Colours' group. It features ex-High Street fashion at 50% or more off. Weds. 1<sup>st</sup> Nov. 2017 7pm at the Olde Mill, Bardsea LA129RB. Tickets £6 available from Greenodd Post Office or Barbara Harris, 835712, Janet Willis, 07976763067, or Anne Hall 01539441558.

2. Coffee morning, Coronation Hall, Ulverston, Thurs. Nov. 9<sup>th</sup>. 9.30-11.30.

Over 100 people have now joined the scheme to pay an annual amount into the funds by way of a Standing Order through the bank. So far the amount pledged has reached over £2000. If you would like to join the scheme, and haven't done so yet, forms are available on the bus or from Roger Harris on 01229 835712 or Anne Hall on 01539441558

As always many, many thanks to all those who have, and are, contributing towards keeping the service running.

**Friends of the X112**



## **Barrow Male Voice Choir**

We invite everyone to join us for an evening of entertainment by members of Barrow Male Voice Choir at **Coniston Methodist Church** on **Thursday 26 October 7.30 pm**. Admission free, donations welcome

### **Waterhead Hotel, Coniston**

Nestled on the shores of Coniston Water, we can offer you a stunning location and more.

We cater for Weddings, Functions, Parties & Private Dining as well as offering Bar Snacks & Evening Meals.

Alternatively pop into our newly refurbished bar for a drink and a natter with our friendly staff, let us know that you're local to qualify for special discount.

Or why not visit us for Afternoon Tea @£15.95 per person quote this ref: PCN17 & receive a Free glass of Champagne.

Call today on 015394 41244.

### **Andrew Backhouse Chimney Sweep Ltd., Est 1992**

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**015394 31331**

## Pie, Peas & Dominoes

For the next season of Pie, Peas and Dominoes we have decided to trial a new venue. We will be holding it in the Institute Reading Room, starting at the usual time of 7.30pm, with the pie and peas being supplied by the Meadowdore Café. In order to keep the price down to an acceptable level we will be serving the pie and peas but no dessert. Instead we will have a selection of biscuits with coffee or tea after the meal. This means that we are able to reduce the price to £7.50 per person. As for last season, all places **MUST** be booked by the Monday as we will have to order the quantity of pie required. All booked places will have to be paid for unless cancelled by the Monday. We will continue to hold a raffle – donations of prizes gratefully received. As we will be serving and clearing up ourselves we would appreciate offers of help on the evenings.

For further information or to book please phone Sarah and Peter on 49509.

The dates for next season are:

Friday 20<sup>th</sup> October 2017 - to be booked by Monday 16th October

Friday 17<sup>th</sup> November 2017 - to be booked by Monday 13th November

Friday 15<sup>th</sup> December 2017 - to be booked by Monday 11th December

Friday 19<sup>th</sup> January 2018 - to be booked by Monday 15th January

Friday 23<sup>rd</sup> February 2018 - to be booked by Monday 19th February

Friday 23<sup>rd</sup> March 2018 - to be booked by Monday 19th March

### **Rainfall- Garden House, Coniston - August 2017**

Total - 205.5mm (8.1")

Wet days - 26

More than 1mm on 17 days

Wettest day - 6th - 33.5mm (1.3")

### **Weather at Haws Bank for August 2017**

Total rain **181.2** mm (**7.13** ins)

Most rain in a day **27.7** mm (**1.09** ins) on **14th**

Rain of 0.2 mm or more fell on **22** days

## **PCSO Emma Forrester**

I have thoroughly loved being Coniston's PCSO for the past 4 years but it is with some sadness that I announce that on 23<sup>rd</sup> September I hung up my PCSO bowler hat and left Ulverston's Community Policing Team. I have not disappeared entirely, as I became a Police Constable on 25<sup>th</sup> September. I will endeavour to foot patrol in Coniston at any given opportunity in the future. Thank you all for your help and welcome into the community. I am sure you will welcome your new PCSO very soon.

**Emma Forrester - Police Community Support Officer 5319**

**Ulverston, Coniston & Hawkshead - M: 07980 747393**

T: Non-emergency number 101 – Option 2 and extension 45319

**Over 70?** – If you are and would like an invite to the WI Xmas lunch in December please relay your details to Mrs S Graham, Kinross, Coniston Tel 41730.

### **Café Church October 22nd.**

Jennet McCloud Methodist Minister from Barrow shares her faith story about what happened when she took a horse through Newcastle!

**6.30 in the Reading Room**

### **Coniston & Torver Café Church**

Mission Shaped Ministry Training - Wednesday November 1st.

7pm in the Reading Room Coniston. Open to all.

## **Diary Dates for October**

4<sup>th</sup> Hearing Aid drop in Reading Room 10.30-11.30am

5<sup>th</sup> Torver PC meet School Room 7.30pm

10<sup>th</sup> AGE UK South Lakeland Cream Tea Group meet Meadowdore Café 3.00pm

10<sup>th</sup> Coniston Institute and Museum Management Committee meet Reading Room 7.00pm AGM

16<sup>th</sup> Local History Group meet Reading Room 2.30pm

Holidaying in the Lake District in the 1940s and 1950s Dr Rob David

16<sup>th</sup> Coniston PC meet Reading Room 7.00pm

17<sup>th</sup> Coniston WI meet Reading Room 7.30pm AGM

19<sup>th</sup> MU Communication in the Animal World. Prof. Shiela Crispin

20<sup>th</sup> Pie and Peas Institute Reading Room 7.30pm book names to Sarah and Peter Way 49509 or 07766657078 by Monday 16th

# **Coniston Parish Council**

## **August Meeting**

PCSO Emma Forrester attending our August meeting and confirmed she is leaving as a PCSO to commence training as a Police Constable and Councillors thanked her for her work and wished her well. Carol Last from Cumbria County Council attended to discuss the VC plaque Coniston will receive in April 2018 to commemorate James Hewitson receiving the VC 100 years ago. Councillors would like to plan a village event to celebrate and if you have any ideas or would like to be involved please let us know. Dr Charlotte Hall from South Cumbria Rivers Trust / Coniston & Crake Catchment Partnership gave an update on the project in the area. This will include work on physical habitat improvements, water course fencing, uncovering becks, improving habitats in rivers, more variation and restoring reed beds on Coniston water. A response is expected by the end of September on a Lengthsman Agreement with Cumbria County Council. Following the Montane Lakeland 50/100 Event on 29<sup>th</sup> / 30<sup>th</sup> July there have been several reports of noise especially from cow bells and the inappropriate attitude of spectators during the evening and throughout the night. As a result Councillors have invited the organisers of this event to the October meeting to discuss the issues and work to prevent them at future events. Jeff Hart has resigned as Parish Councillor.

## **Campbell Memorial**

South Lakeland District Council have confirmed that the two trees on the piece of green by the Campbell Memorial, Tilberthwaite Avenue need to be removed. As a result this is the opportunity to redevelop the area, dependent on what funding will be available. Councillors would like to if anyone has any ideas on what could be done in this area and what people would like to see. Please contact the Clerk with ideas before Monday 9<sup>th</sup> October.

## **Coniston Parish Plan 2017**

This is now completed and available to download from [www.coniston.info/documents](http://www.coniston.info/documents). If you would like a paper copy please contact the Clerk.

Coniston Parish Council is working with Cumbria County Council Highways Department to improve the roads and verges in the Parish. In their budgeting for the precept for 2017/18 money was allocated for a Lengthsman for the area to work on ensuring drains are running, clearing verges, etc. Although a draft Lengthsman Agreement went to Highways for their approval in April 2017 they are reviewing these agreements and will not be approved until at least the end of September. Hopefully as soon as this is in place we can use local contractors to have this work carried out.

To assist with ensuring roads and footpaths are clear Councillors would be grateful if people could ensure that if they have any trees / hedges on their land that these are cut back to ensure they do not encroach or overhang from their boundaries. This will ensure that roads and footpaths are kept as clear as possible.

### **Halloween Party**

Friday 27th October, 5-7 pm, at Coniston Sports & Social Centre  
Hosted by Coniston children's party committee  
Entertainer, Best Pumpkin competition, Best costume competition and The Spooky trail. Please keep an Eye out for posters for more information.

**Coniston children's party committee** is a group of Coniston mums with kids from 0-11. We meet sometime in September to plan the yearly Halloween Party and Christmas Party. We then host both party's, held at Coniston Sports & Social Centre whom kindly lets us use the premises free of charge.

So in total it takes up 3-4 afternoons/evenings a year of your time and we usually have a laugh organising it all. At the moment we are 8 members but for 3 or 4 of us this will be our last season as our kids are getting to old to attend the party. So we need some new mums and dads to join the group, if you are interested come and see us at one of the parties or email Marie mcjk73@hotmail.com or if you see one of us mums whom you know are in the group - just let us know.

# Coniston Copper Workshops



**Coniston Institute Saturday 30<sup>th</sup> September and Sunday 1<sup>st</sup> October 11am - 3pm including lunch**

A new information kiosk is being built by students from Central St Martin's College of Art, London, to house information about Coniston's copper-mining heritage. Information is being produced as part of the Heritage Lottery Fund Coniston Copper Project.

We are looking for people to help design and make copper roofing tiles to clad this kiosk. We will be using a technique called repoussé and take inspiration from Coniston copper-related motifs.

Come along to be inspired by and celebrate Coniston's unique heritage. No experience necessary. All welcome.

RSPV to reserve your place Telephone Helen on 07583 371275 or email [helenconistoninstitute@gmail.com](mailto:helenconistoninstitute@gmail.com)

We have no sponsors for October if anyone would like to sponsor an issue it would be very much appreciated.

**Deadline for November Tuesday 17<sup>th</sup> October**

To Jean Johnson tel 41319 email [enquiries@conistonholidays.co.uk](mailto:enquiries@conistonholidays.co.uk)

# Coniston Institute and The Ruskin Museum

## News And Events

The current Art Exhibition at The Ruskin Museum - 'Along the lane, across the dale...' by David William Morris is proving very popular and runs until 10<sup>th</sup> December 2017

Don't miss this exciting exhibition. The show's title - 'Along the lane, across the dale...' gives a clue to the nature of David's paintings which gather inspiration from landscape subjects within a 5 mile radius of his home in the south-east Cumbrian village of Ravenstonedale.

Macmillan Coffee Morning Saturday 30<sup>th</sup> September, 10am to 12 noon in the Reading Room. Please come and join in the World's biggest coffee morning in aid of MacMillan Cancer Support.

**Information Kiosk Installation – Copper Roof Tile Workshops** - help is still needed from local community groups to design and make copper tiles which will clad the kiosk at the start of the trailhead to the Coppermine's Valley. The kiosk has been designed by architecture students from Central St Martin's College of Art, London and is scheduled for installation late October 2017 near the Museum. It will house information about Coniston's copper-mining heritage produced as part of the Heritage Lottery Fund Coniston Copper Project. On **Saturday 30<sup>th</sup> September and Sunday 1<sup>st</sup> October** the architect and artist involved in the kiosk design, along with Adam Sutherland, will be delivering further **copper repousse workshops**. 11am – 3pm, Lunch included. Please come along to represent your local group or organisation. Space is limited so please contact Helen (details below) as soon as possible if you wish to reserve a place.

**Red Squirrels Need Your Help** – Red squirrel populations have diminished around Coniston and Torver in recent years. Westmorland Red Squirrels are having a meeting on Wednesday 4<sup>th</sup> October at 7.30pm in the Reading Room, free refreshments. Come along to find out how we can make the future safer for our red squirrels

**The Wainwrights In Colour** – fully illustrated talk by Andy Beck in aid of Coniston Mountain Rescue. Thursday 5<sup>th</sup> October, 7.30pm, in the Reading Room. Tickets £7.50 available from Just for Ewe

**Doremi 2017**: Institute Hall 9<sup>th</sup> – 15<sup>th</sup> October. An annual group residency that invites emerging artists from around the country to Cumbria to forge links between artists and arts organisations working in urban and rural settings. **Open weekend 14<sup>th</sup> – 15<sup>th</sup> October.**

Special congratulations to **Meg Narongchai** who is the youngest artist ever to be chosen to participate. Meg is an ex pupil of John Ruskin School, having just left this year. Many of us will have heard her perform on stage at school concerts. Meg was awarded the school's Kathleen Raven Junior Art Prize and completed her school work experience at Lawson Park with Grizedale Arts. Good luck with your first residency Meg.

**Spooky Fun At The Museum** over October half term. **Scary Spider Hunt** and much, much more. Keep your **eyeballs** peeled for more information.

**Just For Fun – A Retrospective of the work of Ambleside Folk Artist Peter Hodgeson** - 23<sup>rd</sup> October – 12<sup>th</sup> November in the Institute Hall. Peter works in: ceramics; glass engraving; leather; horn; painting; and baking. His works are sold in Coniston Honest Shop. Peter will be working collaboratively with other artists for this retrospective. The **Just For Fun Opening Event will be on Saturday 28<sup>TH</sup> October** – full schedule of events and planned workshops will soon be available on the Coniston Institute Website, Facebook page and noticeboard.

**The History Of Lancashire In 70 Objects** includes Bluebird. The Lancashire Life is 70 years old this year and they have decided to celebrate by identifying 70 objects in 70 museums, galleries and heritage centres around the county. Objects were chosen by visitor ballot and the Ruskin Museum visitors chose Bluebird. For more information on the project and a booklet on where to find the other 69 objects please pop into the museum for a free guide and spotter's sticker. The 70 Objects mascot 'Spotty' will be visiting the museum soon – keep an eye on the museum Facebook page to find out when. Please note – I must apologise for my comment in last month's magazine 'we used to be in Lancashire'. A reader has kindly pointed out that we are officially still in Lancashire and will therefore be celebrating with a **Lancashire Day Supper at 7.30pm on Friday 1<sup>ST</sup> December** more information in next month's issue.



## **The Following Groups Meet in The Reading Room Regularly**

### **Mondays –**

**Village Lunch** - Mondays throughout October 1 – 2pm

**History Group** – Monday October 16<sup>th</sup> 2.30pm - Holidaying in the Lake District in the 1940s and 1950s - Dr Rob David

**New Mechanics Youth Club** – Monday 5 – 7pm, new members welcome

**Parish Council** – third Monday of the month at 7pm

### **Tuesdays**

**Cameo Club** – Tuesday 1pm

**First Responders Institute Committee** – first Tuesday of the month at 7pm

**Institute and Museum Committee** – second Tuesday of the month 7pm

**Womens Institute** – second Tuesday of the month at 7pm

### **Wednesdays**

**Hearing Clinic** – first Wednesday of the month at 10.30am

**Craft Club** – Wednesday at 7pm

### **Thursdays**

**Parents and Toddler Group** – Thursday 9.30 – 11.30am

**Coniston Community Choir** – Thursday 7pm

### **Sundays**

**Café Church** – fourth Sunday of the month at 5pm

For more information on any of the above groups or if you are interested in booking a room at the institute please phone Tracy Hodgson on 015394 41823, email [tracy@grizedale.org](mailto:tracy@grizedale.org) or visit our website [www.conistoninstitute.uk](http://www.conistoninstitute.uk)

If you are an institute user group and would like to update your information on our webpage or have events posted on our Website and Facebook page please contact Helen Glaister on 07583 371275 email [helenconistoninstitute@gmail.com](mailto:helenconistoninstitute@gmail.com)

## **Coffee Morning and Soup Lunch**

From October - We will be back every Wednesday at St Andrew's Church **from** 10.30 am. to 12.30 pm. **Soup will be served from 11.30 to 12.30 Come along and meet your friends for a chat.**

Enjoy a cup of tea or coffee with a homemade scone or cake or have some warming soup for lunch

All are most welcome - Do come along and join us

We are continuing supporting people in crisis in other parts of the world - the latest donations being to bring relief in Yemen and Bangladesh

We would like to thank everyone for their support.

## **St.Mary's Hospice**

Many thanks to all who turned out on such a wet night to attend the Gardeners Question Night held recently at Brantwood.

It was a very pleasant and informative evening thanks to the panel chaired by Sally Beamish(former head gardener at Brantwood), Anne Stoddart(floral artist),Andy Gilchrist(South Lakes Orchard Group)and Kevin Line formerly from the Cotswolds and now head gardener at Rybeck & Hipping Hall hotels) £166.40 was raised for the Hospice. Next fund raising events are,

## **JK Hospice day**

Sunday 1st. October, 12noon- 4pm at Coniston Sports & Social Centre £2 admission, children free, everyone of all ages welcome to walk or cycle a mile or two. Refreshments available, cake stall, raffle, See you there!

## **A Musical Evening**

Presented by Windermere & Bowness Choir with Hawkshead Wind Band on Friday 13th October at St. Andrew's Church, Coniston, 7.30pm. Admission £5 at the door includes glass of wine or soft drink. In aid of St.Mary's Hospice - Everyone welcome!

Our centre provides the ideal venue for family and business occasions of all kinds, with ample parking, clean and welcoming facilities, a well stocked bar and catering options provided on site. Contact us to discuss your special event and how we can cater for you.

### **Every Week in October**

**Wednesdays** - 7.30pm Yoga Class with Debbie - Drop in £8, 12 week block no class 25<sup>th</sup> £60. For more info please ring Debbie on 07985 557082.

**Thursdays** - 11am Young at Heart Exercise Class - £5 includes light no class 26<sup>th</sup> lunch. Or just come and join us for lunch only £3

**Friday from 4pm, Saturday from 2pm** - Bar always open

### **Special Events**

**1st October 12- 4pm JK Day** - Come down and walk a country mile in aid of St.Mary's Hospice. There will be a raffle, and drinks and cakes will be available to buy.

**12th October 7pm** - Thursday night quiz at the Yewdale in Aid of the Bonfire Fireworks display on Friday 3rd of November

**20th October from 5pm Brand New Foodie Friday Supper Club** - Delicious freshly prepared tapas style food which just keeps coming till all the food is gone. £6 per adult pre-booked by Wednesday 18th. £8 with no booking. Children eat for free. Text or call 07999 330 216 to book and let us know of any dietary requirements.

**27th October 5-7pm** Village Halloween Children's Party

**28th October from 8pm Live Music** - Band TBC

**Coming in November** Friday 3rd November from 5pm Bonfire night fireworks, bonfire, food, drink and entertainment for all the family.

**25th November Live Music** - Hatchet playing

Join our gym. Call 41545 to arrange an induction with Nick and improve your fitness and health.

Our facilities can be booked for events any day of the week. Call 41812 or 07999 330216. Or email [conistonsports-socialcentre@hotmail.co.uk](mailto:conistonsports-socialcentre@hotmail.co.uk).

You can also follow us on Facebook - Coniston Sports and Social Centre

Coniston Sports and Social Centre is a registered charity No 1121782

## Services for St. Andrew's and St. Luke's October 2017

1 <sup>st</sup>	9.00am	Bikers Breakfast in school room	Torver
	11.00am	1662 Holy Communion	Coniston
	11.00am	Worship at The Methodist Church	Coniston
	10.30am	All Age Worship at Primary School	Coniston
8 <sup>th</sup>	9.00am	1662 Holy Communion	Torver
	11.00am	Worship for All	Coniston
	11.00am	Worship at The Methodist Church	Coniston
	10.30am	All Age Worship at Primary School	Coniston
15 <sup>th</sup>	9.00am	Service of the Word	Torver
	11.00am	C.W. Holy Communion	Coniston
	11.00am	Worship at The Methodist Church	Coniston
	10.30am	All Age Worship at Primary School	Coniston
22 <sup>nd</sup>	11.00am	Morning Prayer	Coniston
	6.30pm	New Café Church at the Institute	Coniston
29 <sup>th</sup>	10.00 am	Combined Service	Torver

### Service Times of other Denominations

#### Methodist Church

The morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on 41594.

#### Coniston Christian Fellowship

You are welcome to join us for our All Age meetings every Sunday at 10.30am in the Primary School, with the exception of the 4<sup>th</sup> Sunday of each month when we will join the other churches at Café Church in the Institute at 6.30pm.

Home groups meet regularly every Tuesday evening during term time. For further information please contact Norman & Christine Beech on 41780 or Kevin & Julie Gregory on 41125, or visit our website: [www.conistonchristianfellowship.co.uk](http://www.conistonchristianfellowship.co.uk)

#### St Francis of Assisi Church of the Sacred Heart Coniston

Mass on Saturdays 6.00pm – Coniston Catholic Church.

Further information from Father Robert T. Halshaw on 01229 779673